

TH BOLT IN BEIJING metroSPORTS

Your essential daily news | monday, august 24, 2015

High 21°C/Low 17°C Risk of thunderstorms 😉 🕡



Hotand bothere

WEATHER

Muggy temps have Halifax in a daze, but relief is in sight



Haley Ryan Metro | Halifax

It may seem like the Halifax area has been in a muggy state for far too long this summer, but there's hope of a break on the horizon.

This weekend saw temperatures in the high 20s – which felt like the low 30s thanks to the humidity, Environment Canada meteorolo- Aferry crosses a foggy harbour gist Andy Firth on Sunday. JEFF HARPER/METRO said Sunday.

After over a week of similar temperatures and moist air, it seems as though one can't find

a breeze - but that's unusual for this time of year, Firth said.

"When they call it the dog days of August, that's the kind of weather we're getting," he said. "It's usually humid with foggy conditions along the coast."

Thunder and lightning showers Saturday may have brought power outages to Dartmouth, but they couldn't break the sticky weather, Firth said.

The humidity is lingering thanks to an air mass over the region, which will stay for most of the week, he said. "What you see is what you're going to get

for the next while."

But Firth said by Thursday a cold front could push into the area and break the humidity as

well as "pop-up showers and thunder showers.

"Maybe a bit more typical air mass will roll in, so a bit cooler."



Alexandra Garrido of Mariachi Ghost performs at Alderney Landing in Dartmouth on Sunday afternoon. JEFF HARPER/METRO



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THE LACEWOOD TERMINAL OPENS TODAY



The Lacewood Terminal features:

- bright indoor passenger waiting areas
- · 14 bay platform
- · outdoor gathering spaces
- · bus shelters
- · covered bicycle area
- · public benches

Accessibility

The Lacewood Terminal is accessible, improving the accessibility of the Halifax Transit network.

Passenger Pick Up and Drop Off

A car passenger drop-off and pick up location has been incorporated in the parking lot of the neighbouring Canada Games Centre.

Bicycle Area

The Lacewood Terminal has a covered area dedicated to bicycle riders. This area includes:

- bicycle parking
- bicycle service kiosk
- · practice bus bicycle rack



METANIEWS ...

Your essential daily news

France rewards American airmen for stopping train attack. World



Visitors to the Maria S. Merian got the "Discovery Channel" experience Saturday, gaining access to most areas on the boat including the research team's lab and its equipment. Inset: A bird's eye view of Pier 24. HEIDE PEARSON/FOR METRO

Inspiring a new generation

RESEARCH

German vessel welcomes Halifax aboard for full tour

Heide Pearson For Metro | Halifax

They might not have been swabbing the decks, but visitors of



I think it's just neat to be able to see a science ship, where we're such a military city.

Nadine Gauthier

the Maria S. Merian research vessel were really getting the feel for how the large ship operates Saturday afternoon in the port of Halifax.

The German boat, tied up at Pier 24, was welcoming people aboard for an open ship to see all the inner workings of the complicated and sophisticated research facility.

"What they see is the whole ship's structure, so they can enter the bridge, they see how the ship is navigated, then go around to the engine room, said chief scientist Dr. Ralph Schneider, professor at the University of Kiel in Germany.

"They will see the big winches, and they will have a tour through some of the labs."

Schneider said events such as these attract young people and scholars who might harbour an interest in marine research.

"We need the new genera-



Scientists and crew members were on site to answer any questions Haligonians might have. HEIDE PEARSON/FOR METRO

tions for our science, and if they are not attracted by events like this, then how can we get the best people to be trained and educated?" he queried.

There were many crew mem-

bers and scientists explaining how different parts of the ship worked Saturday, from the labs down in the belly of the boat, to the way certain technologies have been used to pull plankton out of the water for climate research.

"I think it's just neat to be able to see a science (ship), where we're such a military city," vessel visitor Nadine Gauthier said. "You know, to have a science ship now to look at and see what we've seen on Discovery Channel."

There is a strong partnership between the University of Kiel and Dalhousie University, and researchers from both have been working on board the ship, gathering data in the North Atlantic to learn more about climate change.

The Marian S. Merian will be heading on its 46th mission to the Labrador Sea, which is known as the "lungs" of the deep ocean because during winter, dense surface water sinks and provides oxygen to the rest of the ocean.

Researchers hope to see how



Tracking a sea of changes

Dalhousie researcher Dr. Markus Kienast and Dal oceanography students Stefanie Mellon and Irena Schulten, with partners from Kiel, Germany, have been reconstructing the last 25,000 years of changes in the Labrador Sea and the continental area. They hope to better understand the relation between the melting of Greenland and American ice sheets, changes in the Labrador Sea and changes in a deep-water circulation system. Visit dal.ca/openship for more information.

the ocean is changing, and what it could mean for the future.

Arts festival makes space 'to engage and create'

ENTERTAINMENT

Prismatic a place to freely share diverse, cultural ideas



Haley Ryan Metro | Halifax

The Prismatic Arts Festival may have brought happy, dancing crowds for its weekend performances, but even more magic happened behind the scenes.

Since 2008, Prismatic has been showcasing aboriginal and culturally diverse music, theatre, spoken-word and dance from artists across Canada and the world, said managing director Maggie Stewart.

"They're doing super-innovative work because they're bringing their own cultural perspectives and traditions and mixing them with other ... styles of art," Stewart said Sunday.

Despite an overcast sky, a



Multidisciplinary multiculturalism

The festival, in its seventh year, is "Canada's only multi-arts festival featuring diverse and aboriginal artists."

Prismatic features theatre, dance, music, spoken word and visual and media artists, both local and from around Canada.

PRISMATICFESTIVAL.COM

crowd of all ages came out to watch the main-stage performances at Dartmouth's Alderney Landing on Sunday afternoon, as Prismatic wrapped up after about 30 artists performed at the venue over five days, starting last Wednesday.

North Preston's own Sanctified Brothers got people dancing and singing during their gospel set, while kids sat next to Raina the Halifax Mermaid to learn about the ocean.

With the festival's own rising profile, Stewart said organizers have been able to help expose local talent like North Preston's Reeny Smith to a wider audience.

Smith is a singer who performed with David Myles at Natal Day this year and won artist of the year at the 2015 African Nova Scotian Music Association Awards.

"In our hearts we would like to see a lot of arts festivals look like this in the near future," Stewart said.

Stewart said many of the artists stick around the Halifax area for the week, and as a result they collaborate and meet with local talent.

In a sense, the festival can becomes a venue where cultural exchanges can and often do occur.

Saturday night saw a bunch of musicians jam with the house band at Celtic Corner, Stewart said, while Iranian artist Mohsen Sharifian was introduced to bagpipe players here.

Sharifian is a master of the ney-anban, a double reed instrument from southern Iran that has similarities to the bagpipe, Stewart said.

"They were comparing their instruments and music and



Donovan Sweeney, 3, with Raina the Halifax Mermaid at Alderney Landing in Dartmouth on Sunday. JEFF HARPER/METRO



Having these chances to come together really leads to a lot of new opportunities, especially for our local artists.

Maggie Stewart, managing director, Prismatic

things like that," Stewart said. And Stewart said the ability for artists of different cultures to interact and exchange ideas

and styles has its advantages.
"Having these chances to
come together really leads to
a lot of new opportunities, es-

pecially for our local artists."

Mariachi Ghost drew many to the main stage as they headlined Sunday afternoon. The band has a singer from Mexico, guitarist from El Salvador and other members from Winnipeg. The group melds Mexican and prog-rock for a "fantastic" performance of music and dance, Stewart said.

"It's very different from what you've seen but should represent the future of Canadian arts, where you see all these different elements coming and being celebrated," Stewart said.

"When people have that freedom and that space to engage and create and innovate, they come up with really wicked stuff."



Apartment scammers active as students return

Halifax police warn residents not to fall for apartment rental scams. Police said one of the most popular scams involves fraudsters posting fake apartment ads on popular classifieds sites like Kijiji or Craigslist.

The ads include a description of the apartment, photos and even contact information, but police warn that the scammers prey on renters who will send a deposit before a proper viewing. Police warn this is a busy time of year for scammers, with students moving in to the area for a new school year. They suggest to always contact a landlord directly and arrange for an in-person viewing when searching for a rental online.

People are also advised to exercise caution when transferring money.

Anyone who believes they have fallen victim to a scam is asked to contact police. METRO

Cogswell roundabout set to open Monday

The second north-end Halifax roundabout is set to open to traffic Monday morning.

Halifax Regional Municipality says the new Cogswell roundabout and the streets closed for its construction will be open Monday, though not until 9 a.m. — after rush hour.

Rainnie Drive, next to the roundabout, is now one-way between Cogswell and Gottingen streets, meaning traffic will only flow onto Rainnie from Cogswell, headed downtown.

Work to create a new greenway trail and pedestrian plazas in the Common will continue. METRO

KINGS COUNTY

Police investigating pair of single-car crashes, one fatal



Lipscombe Metro | Halifax

Kings County police responded to two separate single-vehicle crashes within less than three hours of each other early Sunday morning, including one that left a man dead.

The Mounties received the first 911 call at about 3:30 a.m., sending them to a single-car rollover at the intersection

of Gibson Woods Road and Highway 341 in the Centreville area, according to a Kings County RCMP news release issued Sunday afternoon.

Officers found the car on its roof upon arrival, but the occupant or occupants had already fled the scene, the news release said.

Then at about 6:15 am., police responded to another collision at nearby Woods Road and Saxon Street, where a driver reportedly thought he

of Gibson Woods Road and hit a deer but had actually hit Highway 341 in the Centre- a pedestrian.

Emergency Health Services found the 34-year-old man "unresponsive on the ground," a police news release said. He was pronounced dead on the scene at about 6:30 a.m., although the Southwest Nova major crimes unit is still investigating his cause of death.

There is nothing to indicate these two collisions are connected, and police said they're still looking into both of them.

OPEN WATER

Boy missing after river swim; elderly canoeist found dead

Shortly before 1 p.m. Sunday, Lunenberg County RCMP, Fire and EHS responded to a call regarding a 12-year-old boy who went missing while swimming near Conquerall Bank.

A preliminary investigation found that, at approximately 12:45 p.m., the boy went swimming in the LaHave River with three other youths. He went underwater and did not return.

A Canadian Coast Guard auxiliary vessel, a Department of Natural Resources helicopter and the RCMP Underwater Recovery Team have been activated to assist in the search for the boy.

Meanwhile, RCMP in Barrington, N.S., are investigating the drowning of a 65-year-old man from Shelburne County.

At about 9:30 p.m. Friday evening, they responded to a call about a canoeist who hadn't returned home.

Police determined the man was planning to depart in his canoe just after 2 p.m. in Clyde River and was expected to return in the early evening. When he didn't, police were called.

Barrington Ground Search and Rescue and the Joint Rescue Coordination Centre were activated to assist police.

The man was located in the water shortly after midnight. He was pronounced dead on the scene by EHS.

His canoe was located early Saturday morning.

The investigation is ongoing. Police don't suspect foul play.

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Officials said Tufts Cove in Dartmouth was the scene of one of two lightning strikes over the weekend. JEFF HARPER/METRO

POWE

Weather puts lights out for thousands

Nova Scotia Power says two lightning strikes in two days led to power outages for tens of thousands of customers in the Halifax area.

Utility spokesman David Rodenhiser says crews were continuing to restore electricity today after lightning hit the transmission line that runs along Magazine Hill to the Burnside Industrial Park.

The strike cut power for about 16,000 customers, although Rodenhiser says the

utility expected to have the majority of the customers affected back on line by early in the afternoon.

Rodenhiser said on Saturday lightning hit a major transmission line at the Tufts Cove generating station knocking out power to 83,000 customers for just over an hour.

He says power crews were able to restore electricity fairly quickly by re-routing power through a separate line.

THE CANADIAN PRESS

Lacewood terminal 'designed for growth'

TRANSIT

New hub has accessibility features and a bike station

Heide Pearson For Metro | Halifax

The "next bus on route" might not be leaving the new Lacewood Terminal until Monday, but on Saturday riders from the community came down to take a look Halifax Transit's new bus facility.

Dave Reage from Halifax Transit said the new terminal aims to be a central place for transportation in the Clayton Park area of the city.

"It's really a good hub, intermodal facility," Reage said. "We see lots of good pedestrian connections."

"We're really trying to integrate this as a mobility hub for the neighbourhood," he said.

The new terminal is much larger than the existing Lacewood Terminal, with 14 bus bays and a large, fully enclosed building with washrooms, seating and accessibility features, such as a cane guideway. There's even a station to charge up your phone while waiting for your next bus.

Lacewood Terminal also has a sheltered bike station,



Isabella Herbert sits at the wheel of a bus Saturday at the new transportation centre's open house. Heide PEARSON/FOR METRO

made from a recycled bus shelter, where riders can park their bikes, do small repairs, pump tires, and learn how to properly load their bicycles on bus bike racks.

The hope is this new terminal will improve bus reliability and accessibility around all of Halifax.

"We could not expand transit in this community with the old terminal; there was just no room," Reage said.

🕕 MORE INFO

The first bus will be rolling out of the new Lacewood Terminal at about 5:20 a.m. on Monday morning.

"This facility has been designed for growth. It will be much more efficient for operations in terms of buses moving through and

people not getting delayed."

Hundreds of riders from the city were excited to see the new terminal completed, and are eager to see the impact it will have on their daily commute.

"I think it's great; it's a lot safer than the old Lacewood Terminal," said Brian Herbert, who added his entire family regularly uses Halifax Transit. "There are more buses that are available, and it's more accessible."



Hurricane Danny to miss N.S.



It's not likely that Hurricane Danny will have any effect on Nova Scotia, but the province isn't out of the woods yet.

By Friday afternoon, Ďanny was declared a Category 3 hurricane, and had turned into a tropical storm by Sunday.

The remaining weather system is expected to head west and start to peter out over Puerto Rico by Tuesday, coming nowhere near Yarmouth, according to Environment Canada,

But early this week, another storm could be south of Yarmouth, and could affect Nova Scotia's weather patterns. "There are a couple of other areas where we're keeping an eye out for development," Environment Canada meteorologist Linda Libby said Friday.

She said one of those areas, south of Bermuda, had a 60 per cent chance of taking on "tropical characteristics."

Libby said whatever that became of Danny wouldn't hit Nova Scotia directly, but could have an impact on weather during the start of the week.

She said overall, this has been a quiet hurricane season so far, but that it tends to ramp up during about this time in August.

"We tend to get about the same number of interactions from tropical systems, whether it's a very active system or a quiet one," she said.



Environment Canada reminds people to make sure they have plenty of water, supplies, and an emergency plan, just in case of inclement weather.

And the first one that hits, she said, could always be the one that creates problems.

"We need to remind ourselves, that even though it's a quiet year we need to up our awareness a little bit," she said.

"What do I need to be prepared if a tropical system hits us in the next couple months before hurricane season ends?"



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City seeks review of fire and emergency services staffing

Council wants four-person crews on all Halifax trucks



The city is looking for outside help in determining how to meet staffing requirements for Halifax's fire services.

A tender was issued Friday for a consultant's review on how to manage staff and station resources to ensure all fire trucks in Halifax Regional Municipality are equipped with four-person crews, including two crewed aerial ladder trucks on peninsula Halifax and in Dartmouth.

Halifax Regional Fire and Emergency Services have a three-year deadline to meet these goals and must return to city council every six months with updates, as directed by a previous council decision.

That decision was followed by months of debate over a comprehensive fire services operational review that laid out the new requirements.

Currently, the tender states the department has 413 operational positions and 18 core fire stations.

With that in mind, the consultant is being asked to produce a report that includes alternatives for the staffing of volunteer, career and compos-



Firefighters respond to a large structure fire at Portland Place last year in Halifax. JEFF HARPER/METRO

ite firefighters to "achieve the safest, most efficient use of resources within the current staffing complement while meeting the demands of fire protection

in the community."

The study will also examine the costs associated with the different options, as well as information on how similarly sized departments have met these standards.

A final report is due back to city staff Oct. 30.

Previously, the issue of staff-

ing in the department was tackled in the operational review that recommended decommissioning three fire stations on Lady Hammond Road, King

Street and Patton Road, in order to reallocate resources to crew aerial ladder trucks.

However, council voted down that recommendation.

ALDERNEY LANDING

Man arrested after ferry terminal fire

Halifax Regional Police have arrested a 52-year-old man in connection to a fire allegedly lit at the back of the Alderney Landing ferry terminal.

Police said in a news release officers and firefighters with Halifax Fire Regional and Emergency Services responded to a blaze at the rear of the ferry terminal at 88 Alderney Dr. in Dartmouth last Sunday around 3:30 a.m.

Crews were able to contain the fire, which was lit in a wooden structure that held a dumpster, located at the rear of the terminal, a police news release issued Friday said,

Officers later arrested a man and woman in connection to the fire on the 2300 block of Gottingen Street in Halifax without incident, at about 8:45 a.m. on Thursday.

Police said Raymond James Marshall was held in custody overnight and appeared in Halifax provincial court Friday to face charges of mischief and arson.

The woman was released without charges, according



Cape Breton campground closed after heavy rain

A Cape Breton campground remains closed after flooding caused by heavy rain Saturday.

Kelly Deveaux of Cape Breton Highlands National Park says a downpour led to a rise in the level of the Cheticamp River. That prompted officials to remove campers from the Cheticamp Campground.

She says 69 people spent the night sheltered in the fire hall in Cheticamp, while people who were in 29 RVs were able to park at the local arena.

Police probe 15-year-old case

On Aug. 21, 2000, Donald David Snelgrove was found dead in his north-end Halifax apartment.

Friday, on the 15th anniversary of his death, Halifax police said they were still trying to find out what exactly happened to him.

Halifax Regional Police said officers first responded to a report of a death in an apartment building on the 3600 block of Windsor Street on at about 1:20 p.m. that morning.

Officers found Snelgrove dead in the living room of his apartment.

An investigation revealed he recently had been as-



Donald David Snelgrove

saulted and the resulting injuries contributed to his

Police believe Snelgrove

was a victim of assault in an incident that took place on Romans Avenue in Ĥalifax a few days earlier, Friday, Aug. 18 around 9 p.m.

Police investigators are still interested in speaking with anyone who may have seen Snelgrove's 1988 grey Plymouth Reliant in the area at the time of the alleged as-

Anyone with information is asked to contact police.

Police added that Snelgrove's case has been added to the province's rewards for major unsolved crimes program.

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TOPSPINNER LINING UP TO SWING Caksh Talwar of the Halifax Blues, centre, gets ready to hit a pitch from Sapya Donavalli of the Halifax Red, left, during Halifax Cricket League play Sunday at the Halifax Common. For more information on the league and the game schedule visit novascotiacricket.com. JEFF HARPER/METRO

Search persists for slain student's body

DALHOUSIE

Victim alleged to have been in drug deal: Media outlets

Halifax police made fresh appeals for information after charging a varsity athlete and prospective medical student at Dalhousie University with first-degree murder in the death of a physics student.

Halifax Regional Police spokeswoman Theresa Rath said officers were going doorto-door Friday seeking information from possible witnesses in an area just a few blocks north of the campus.

William Michael Sandeson, 22, a middle-distance track athlete who studied kinesiology, remained in custody after he was charged Thursday in the death of Taylor Samson, who was reported missing last Sunday.

Samson, a former resident of Amherst, N.S., had lived in the Sigma Chi fraternity house, according to information released on social media when he first went missing at 10:30 p.m. last Saturday.

Investigators are eager to hear if any witnesses saw either of the two men in the areas of Henry and South streets, a city block where many students live in apartments and fraternity houses.

Å court document the police used to obtain a search warrant in the case had been sealed Friday morning when it was requested by The Canadian Press.

However, three media outlets who obtained the document before it was sealed reported that investigators allege the 22-year-old Samson was involved in a drug deal before his death.

None of the allegations in the document have been proven in court.

The media outlets reported that the document says police had "reasonable grounds" to believe there was marijuana in Samson's apartment.

The media reports say a source told police Samson left on Saturday night with a black duffel bag that the source believed contained the drug.

The reports also say the



Taylor Samson CONTRIBUTED

document quotes a source as telling police Samson sold marijuana for extra cash while he was in school.

The media reports cite the document as saying police believed Samson was the victim of a "drug rip," and note the young man seemed nervous because he was carrying more drugs than usual — about two kilograms in total.

Dalhousie University spokeswoman Janet Bryson confirmed that Samson was studying physics and that Sandeson was within days of beginning his first year at Dalhousie's medical school.

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Adultery website faces \$578M class-action lawsuit over breach

ASHLEY MADISON

Two law firms argue 'extreme' violation of users' privacy

Two Canadian law firms have filed a \$578 million class-action lawsuit against the companies that run Ashley Madison after a hacker group's data breach exposed some 39 million memberships in the adultery website earlier this week.

Charney Lawyers and Sutts, Strosberg LLP, both of Ontario, said Friday that they filed the lawsuit on behalf of Canadians who subscribed to Ashley Madison and whose personal information was disclosed to the public. The website, with its slogan "Life is short. Have an affair," is marketed to facilitate extramarital relationships.

The lawsuit, filed Thursday in the Ontario Superior Court of Justice, targets Avid Dating Life Inc. and Avid Life Media Inc., the Toronto-based companies that run AshleyMadison.com. Its class-action status "still needs to be certified by the court," the statement says.

Ashley Madison did not immediately respond to requests for comment. It has said that the personal details exposed in the initial data leak can't be used to prove the infidelity of their clients.

The plaintiff is Eliot Shore, an Ottawa widower. Shore said he joined the website for a short time in search of companionship after he lost his wife to breast cancer. He said he never cheated and never met up with any members of the site.

Lawyer Ted Charney told The



Charney Lawyers and Sutts, Strosberg LLP, both of Ontario, have filed the first major legal case in Canada against Avid Dating Life inc. and Avid Life Media Inc., the Toronto-based companies in charge of AshleyMadison.com. GRAEME ROY /THE CANADIAN PRESS



In many cases, the users paid an additional fee for the website to remove all of their user data, only to discover that the information was left intact and exposed.

Lawyer Ted Charney

Associated Press it is the first class-action suit filed against the companies in Canada.

In the U.S., Missouri lawyers have filed a class-action lawsuit in U.S. District Court seeking more than \$5 million in damages. Lawyers filed a statement of claim late last month on behalf of an unnamed female plaintiff who said she ponied up \$19 so Ashley Madison would purge her personal information from its website in a process called a "paid-delete."

The lawsuit argues that the

privacy of Canadian members was breached in July when hackers infiltrated Ashley Madison's website and downloaded private information. The data breach includes users' personal names, emails, home addresses and message history. On Tuesday, the information was posted publicly online.

The law firms' statement said numerous former users of the website have approached them to inquire about their privacy rights under Canadian law.

"They are outraged that AshleyMadison.com failed to protect its users' information,"

lawyer Ted Charney said.

"The sensitivity of the information is so extreme and the repercussions of this breach are so extreme, it puts the damages faced by members in a completely different category of class-action suits," said Charney.

The law firms said the lawsuit is not being brought against the hackers, who have said they attacked the website in an effort to close it down as punishment for collecting a fee without actually deleting users' data.

The law firms did not immediately respond to a request for comment, and it was not

clear in what court the classaction lawsuit was filed.

There are hundreds of email addresses in the data release that appear to be connected to federal, provincial and municipal workers across Canada, as well as to the Royal Canadian Mounted Police and the military.

According to the data breach, some of the website's customers made credit-card transactions from computers attached to the Department of National Defence and Canada's House of Commons.

The data, stored in more than 2,500 files, involved transactions spanning from March 2008 to several days in June of this year.

National Defence referred most questions to the federal Treasury Board, which has an overall responsibility.

Lisa Murphy, spokeswoman for the Treasury Board, would only say that the government has rules for the professional and personal use of its computers.

In a written statement, a DND spokeswoman echoed some of Murphy's statement, and said the department "has policies and practices in place to deter, detect and enforce unauthorized and prohibited computer use. THE ASSOCIATED PRESS



The data breach also revealed the credit-card information of U.S. government workers — some with sensitive jobs in the White House, Congress and the Justice Department. THE ASSOCIATED PRESS

RAINFALI

Weekend storms drench Manitoba

Thousands lost power, sewers backed up and a mall flooded when parts of Winnipeg were drenched with more than 50 millimetres of rain.

Environment Canada meteorologist Jim Slipec says the South St. Vital district of the city got 70 mm on Saturday, followed by another 10 mm early on Sunday.

Flooding closed the cinemas at the St. Vital Shopping Centre on Saturday night.

By Sunday morning, the city

had received 10 calls for raw sewage backup and 21 calls for clean sewer backup.

Some rural areas also saw baseball-sized hail.

Manitoba Hydro said 4,000 people were left without power Saturday and crews were still working to restore it in some parts of Winnipeg on Sunday.

The wet and windy weather also disrupted the annual Biking to the Viking charity ride for multiple sclerosis.

THE CANADIAN PRESS



Plane lands safely after

'mechanical emergency'

An Air Canada flight headed from St. John's, N.L., to Toronto safely landed Friday after crew reported a mechanical emergency soon after takeoff.

The St. John's International Airport Authority said the plane circled back and returned without incident just before 2:30 p.m.

Airport emergency and local fire crews responded along with regional health officials.

No injuries or need for medical treatment were reported.

Air Canada spokesman Peter Fitzpatrick said the pilot turned around when the landing gear on the Embraer 190 aircraft would not retract.

Fitzpatrick said in an email the cause is under investigation and customers will be moved to different flights to be on their way as quickly as possible.

There were 100 passengers and crew onboard.
THE CANADIAN PRESS

ADVISORY

Southern B.C. hit by smoke from U.S. fires

Smoke from wildfires raging in Washington state has drifted north, blanketing much of southern British Columbia in a thick haze.

Winds drove smoke from several wildfires south of the border into the province over the weekend, resulting in poor visibility and air quality issues, the B.C. Wildfire Service said in a release.

A series of wildfires in Washington state has grown to 968 square kilometres, and includes the Stickpin fire burning about 4.5 kilometres south of the Canada-U.S. border.

B.C. fire crews, including 33 fire personnel, three officers and two pieces of heavy machinery, crossed into Washington state on Sunday to help American crews fight the blaze.

Fire information officer Fanny Bernard said the Canadians will be responsible for a northeastern branch of the 192-square kilometre fire.

THE CANADIAN PRES

metr

NEWS | Canada Monday, August 24, 2015

CAMPAIGN TRAIL

dogs PM

The Mike Duffy inferno grew ever closer to breaching Stephen Harper's firewall Friday, but with the trial nearly over and the 11week election campaign just ramping up, the prime minister appeared convinced it would burn out on its own.

Harper nearly had the campaign trail all to himself — Bloc Québécois Leader Gilles Duceppe was the only other party leader holding a public event — but the Duffy questions just kept coming.

Melanee Thomas, a political science professor at the University of Calgary, said the trial would be "explosively" damaging to the Conservative campaign if it was closer to the Oct. 19 election.

As it is, it has consistently pushed Harper off message, she said. "It's difficult for them to frame each day on the kind of thing that they want the day to be about."

Any potential fallout might be mitigated by the likelihood many voters won't start paying attention to the campaign until after Labour Day, she said.

But the NDP and Liberals seem determined to fan the flames.

Liberal candidate Dominic Le-Blanc sent a letter to the RCMP and the information commissioner Friday, asking them to look into texts and BlackBerry PIN messages sent and received by Ray Novak because they may be relevant to Duffy's fraud trial.

"Email records produced thus far may not tell the complete story. Specifically, new testimony may indicate that Mr. Wright and Mr. Novak communicated via BlackBerry PINs and Black-Berry messages in the past, and as recently as two weeks ago," LeBlanc wrote.

"I am requesting that any necessary steps be taken to ensure that these potentially relevant communications are preserved.'

The NDP sent a letter to the RCMP commissioner, asking him to consider laying charges against Wright and up to a dozen other staffers in the Prime Minister's Office for their alleged roles in covering up the Duffy scandal.

NDP ethics critic Charlie Angus said Wright's testimony produced significant new evidence about Wright's role as well as that of at least a dozen other senior staff, including Novak.

Claude Denis, a political science professor at the University of Ottawa, said the trial feeds into established narratives for both Harper supporters and opponents. The latter see testimony as more evidence of what they already believed about the government — that it's secretive and untrustworthy, Denis said. To supporters, it's seen as more evidence that the mainstream media and the courts are against him, Denis said, THE CANADIAN PRESS

Duffy trial dogs PM Harper defends Novak



ELECTION 2015

Marks the first time he refers to chief of staff by name

The revelations of the Mike Duffy trial have placed Stephen Harper's two most recent chiefs of staff in a spotlight that has repeatedly outshined the Conservative leader's federal campaign messaging.

On Sunday, the prime minister came down firmly on the side of the current chief of staff - Ray Novak.

And Harper did so by name, for the first time.

As he faced another question about the trial revelations one that elicited a few noticeable groans from Conservative campaign supporters in Rockland, Ont. — Harper stuck to his core message about the controversial \$90,000 repayment of Duffy's expenses.

He again laid the blame at the feet of Duffy, for wrongly claiming the expenses, and of Nigel Wright, his previous chief of staff, for paying them

Harper prefaced his latest

comment, though, with a hint that he's discussed the matter with Novak, one of his most trusted, long-time aides. But he didn't elaborate.

"Mr. Novak has been very clear with me," Harper said Sunday, using his name for the first time after more than a week of questioning by jour-

Harper emphasized that Wright was the person in charge of his office back in 2013 when all of the Duffy machinations were unfolding, and was therefore the sole staffer responsible for paying back money the senator should have

TIMELINE

Harper faces one more week of evidence from Duffy's fraud trial, which resumes Monday before it adjourns until November, after the Oct. 19 election.

reimbursed himself.

"Instead Mr. Wright did that for him — and I grant he paid back the taxpayers — but he did so without my knowledge, and without my agreement," said Harper.

"And these were his actions, he was boss and he is fully responsible for them.'

Harper was kicking off the fourth week of the federal campaign.

Last week, the prime minister's former lawyer Benjamin Perrin testified that Novak — then Harper's principal secretary — was present on two occasions when Wright's payment was discussed. That contradicted assertions from Harper and the Conservative campaign about what Novak knew about the repayment scheme.

THE CANADIAN PRESS



Conservative Leader Stephen Harper and wife Laureen donate food and stock shelves with pastor and food band director Michel Castilloux and wife Vivian during a campaign stop at the Life Centre in Blackburn Hamlet, Ont., on Sunday. SEAN KILPATRICK/THE CANADIAN PRESS

Atwood column vanishes, returns

A newspaper column by Margaret Atwood that poked fun at Stephen Harper's hair disappeared for several hours from the National Post website Friday, raising the ire of the Twitterverse and prompting the award-winning author to wonder if she'd been

Atwood's piece was back on the newspaper's main page late Friday after being taken down mid-afternoon.

Post officials said in an email it was held for factchecking.

The column poked fun at Harper, using as an entrypoint the Conservative attack ads that take aim at Justin Trudeau with the phrase, "Nice hair, Justin."

After it was removed from the website, Atwood tweeted the newspaper asking if she had been censored for what she called a "flighty little caper on hair," drawing hundreds of retweets and

The hashtag #hairgate began trending nationally on Twitter by evening as users questioned why the newspaper's website would remove a humorous column related to the federal election campaigns, particularly one written by a prominent Canadian

THE CANADIAN PRESS



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10 Monday, August 24, 2015 World Metr® NEWS

Train heroes to receive the Legion of Honour

BRAVERY

Military training credited with saving lives

Three American travellers say they relied on gut instinct and a close bond forged over years of friendship as they took down a heavily armed man on a passenger train speeding through Belgium.

U.S. Airman Spencer Stone, recounting for the first time on Sunday how a likely catastrophe was averted two days earlier, said the gunman, an assault rifle strapped to his bare chest, seemed like he was "ready to fight to the end." But he added, "So were we."

Without a note of bravado but a huge dose of humility, the three described Friday's drama on an Amsterdam-to-Paris fast train.

His arm in a sling, Stone, 23, said he was coming out of a deep sleep when the gunman appeared.

One of his friends, Alek Skar-



We just kind of acted. There wasn't much thinking going on.

Airman Spencer Stone



Jane D. Hartley, U.S. Ambassador to France, left, acknowledges, from second left, U.S. Airman Spencer Stone, Anthony Sadler, a senior at Sacramento University in California, and U.S. National Guardsman Alek Skarlatos at the end of a news conference held at the U.S. Ambassador's residence in Paris, Sunday. FRANCOIS MORI/THE ASSOCIATED PRESS

latos, a 22-year-old National Guardsman recently back from Afghanistan, "just hit me on the shoulder and said 'Let's go."

French President Francois Hollande and a bevy of officials are presenting the Americans with the prestigious Legion of Honour on Monday. A French citizen who first came across the gunman near a train bathroom and a British man who joined to help tie up the assailant also are being honoured with the award, according to the president's office.

The gunman, identified as 26-year-old Moroccan Ayoub El-Khazzani, is detained and being questioned by French counterterrorism police outside Paris. French and Spanish au-

thorities say El-Khazzani is an Islamic extremist who may have spent time in Syria. El-Khazzani's lawyer said on Sunday that he was homeless and trying to rob passengers on the train to feed himself.

Authorities in France, Belgium and Spain, where he once lived, are investigating the case. French authorities can legal-

ly hold him for questioning until Tuesday, when they must charge him or free him.

His case raises questions about train security as well as how a man who had been on the radar of all three countries managed to board the train unbothered and loaded with weapons.

THE ASSOCIATED PRESS

DIPLOMACY

U.K., Iran restore relations

Britain reopened its embassy in Tehran Sunday in a sign of newly thawed relations in the wake of a landmark nuclear deal between Iran and world powers.

British Foreign Secretary Philip Hammond attended the reopening ceremony and witnessed the raising of the Union flag over the compound. The embassy has been closed since November 2011, when it was stormed by demonstrators protesting the imposition of international sanctions against the Islamic Republic.

"Maintaining dialogue even under the most difficult conditions is crucially important," Hammond said during a joint press conference with Iranian Foreign Minister Mohammad Javad Zarif. "So reopening the embassy in Tehran and the Iranian embassy in London is not just an important symbol. It's an important practical channel for being able to engage on the very many issues that are of concern and the very many issues that we have shared interests."

Zarif welcomed the reopening of the British Embassy, saying it showed Iran's regional and global significance.

But despite the mutual optimism on display, the reopening was greeted with open skepticism and hostility in some corners. The semi-official Fars news agency, which is considered close to Iran's conservative camp, best captured the sentiment with the headline: "Den of fox reopened."

THE ASSOCIATED PRESS



THAILAND

Bomber may have already fled

Despite new surveillance video that may offer a possible clue to the bombing in central Bangkok that killed 20 people, Thai police said Sunday that the perpetraors may have already fled the country, and that they will "need some luck" to catch them.

Surveillance video leaked to Thai media shows a man in a blue shirt placing a bag on a riverside walkway, then kicking it into the water on Monday night shortly after the explosion several kilometres away at the downtown Erawan shrine. About 18 hours later, at 1 p.m. Tuesday, an explosion took place at the same spot near a busy pier, causing no casualties.

Col. Winthai Suvaree, a spokesman for Thailand's ruling junta, also said that closed circuit television showing the main bombing suspect was used

to trace the route he took to and from the site of Monday evening's rush-hour attack. He said that a police sketch of the suspect had been distributed to border posts.

Police spokesman Prawut Thawornsiri said he believes the perpetrator would have timed an escape carefully and "wouldn't have much time to stay around."

"I suspect that he may have left, but we will keep searching, in case we can find others who may be in the country or find clues, evidence and witnesses who may have seen him," he told Channel 3 TV network.

Police have offered a reward that on Friday was raised to 3 million baht (\$85,000). On a police arrest warrant, the suspect is described as a "foreign man," although a military spokesman

said a connection to international terrorism seemed unlikely.

Thailand's police chief Somyot Poompanmoung said investigators would need some luck to catch those behind the

Theories are abound as to who was responsible for the attack.

They include ethnic Uighurs angry that Thailand repatriated to China more than 100 of their countrymen who had fled from there; Islamic separatists who have been carrying out an insurgency in southern Thailand for a decade; frustrated supporters of former prime minister Thaksin Shinawatra angry at the military government that opposes his return to politics; and rival factions within the army contending for power.

THE ASSOCIATED PRESS

metr@NEWS World Monday, August 24, 2015

Death toll likely 11: Police

ENGLAND

Investigators expect to find more bodies in airshow crash

British police say the death toll from an airshow crash is "highly likely" to increase to 11 people after a fighter jet slammed into a busy main

The Hawker Hunter singleseater fighter jet, which was participating in the Shoreham Airshow near Brighton in southern England, hit several vehicles on a nearby road as it crashed Saturday afternoon. Witnesses say the jet appeared to have plummeted when it failed to pull out of a loop manoeuvre.

The initial death toll was

Assistant Chief Const. Steve Barry of Sussex police said officials were removing bodies from the scene Sunday and more fatalities may be discov-

The pilot remained in critic-



Emergency services attend the scene on the A27 after a plane careened into cars on the major road during an aerial display at the Shoreham Airshow in West Sussex, England, Saturday. DANIEL LEAL-OLIVAS/THE ASSOCIATED PRESS

al condition in the hospital, and a crane will remove the jet wreckage on Monday.

In addition to the seven people who died at the scene,

police said one patient with life-threatening injuries was taken to the hospital. Another 14 people were treated for minor injuries.

News video and photographs showed a fireball erupting near trees and huge plumes of thick black smoke rising. A witness, Stephen Jones, told the BBC

that the pilot had just begun his display.

"He'd gone up into a loop and as he was coming out of the loop I just thought, 'You're too low, you're too low, pull up.' And he flew straight into the ground either on or very close to the A27, which runs past the airport," Jones said.

Police said all the deaths were believed to have occurred on the road, and no one on the airfield was believed injured. It was not known whether the pilot was able to eject.

Crashes at British airshows are rare, but in 2007 the pilot of a Second World War Hurricane died at the Shoreham Airshow after performing an unplanned barrel-roll

We mustn't rush to kneejerk reactions about the safety of airshows," said Tim Loughton, a member of Britain's Parliament who represents Shoreham. "This is an airshow that's been going for 26 years, only the second time there's been any serious accident, and the first time that spectators and people on the ground have been affected, bad though that is." THE ASSOCIATED PRESS

SWITZERLAND

Planes collide, killing pilot

One pilot died when two small planes collided in the air and crashed at an airshow in northern Switzerland on Sunday, police said.

The two planes were part of a formation of three and they crashed after they touched each other in the air, according to Meinrad Stoecklin, a spokesman for police in Basel-Landschaft.

The automatic rescue system of the first plane didn't activate and the 50-year-old pilot, whose identity wasn't revealed, fatally crashed with his plane into a barn in the centre of the village of Dittingen. Nobody else was hurt in the crash.

The pilot of the second plane managed to escape by parachute and wasn't injured. His plane crashed near a home on the edge of the village.

Police said prosecutors had started their investigation of the accident. THE ASSOCIATED PRESS

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ARTHRITIS



12 Monday, August 24, 2015 Business | Metr@NEWS

Groups take aim at crude plans

ENERGY

Rail projects touted to lower foreign reliance by 30%

To crude producers hankering for a route to market while pipeline proposals stall, a bevy of crude-by-rail projects planned on the U.S. west coast may look enticing. But efforts to connect trainloads of crude to refineries and marine terminals in Washington, Oregon and California aren't having an easy time either.

Big environmental organizations and small community groups have been teaming up to fight rail projects in various stages of development in the region. Among the concerns is the prospect of more Alberta bitumen, derided as "dirty" in some quarters, coming to the area by rail.

"We're as much of a green enclave as you're going to get in North America," said Matt Krogh, a ForestEthics campaigner based in Washington state.

"There's some real cognitive



An oil train travels along the Columbia River in Syncline, Wash. Environmental organizations cite the Lac-Megantic disaster in 2013 as an example of their concerns surrounding the expansion of crude-by-rail transportation along the west coast. THE CANADIAN PRESS FILE

dissonance around allowing the expansion of a dirty and polluting industry in your backyard that makes no long-term economic sense."

Some of the concerns centre on local safety. The Lac-Megantic disaster two years ago, in which a crude-laden train exploded and killed 47 people, is still fresh in many minds.

But the larger implications of enabling more fossil fuel development and what that means for climate change is also playing a role in the debate.

The broad issue of shipping resources from the U.S. west coast — whether that be coal, oil or liquefied natural gas — raises

an "identity question," said Eric de Place, with the Seattle-based think-tank Sightline Institute.

"There's a lot of anxiety about that," he said.

A focal point of campaigns has been a \$210-million project pitched by Tesoro Refining and Marketing LLC and Savage Energy for Vancouver, Wash.



There's some real cognitive dissonance around allowing the expansion of a dirty and polluting industry in your backyard.

Matt Krogh, ForestEthics campaigner

The Tesoro-Savage project, dubbed Vancouver Energy, is the largest on the table, with a planned capacity of up to 360,000 barrels a day. That alone is more than 40 per cent of the proposed Keystone XL pipeline, which has been waiting for U.S. regulatory approval for nearly seven years.

The idea is to bring in North American crude by train and then send it by ship to refineries along the west coast, which have been relying on overseas imports to meet half their needs as production in Alaska and California declines. Vancouver Energy says the project would reduce the west coast's reliance on foreign crude by 30 per cent.

Tesoro spokeswoman Jennifer Minx said the terminal is set up to handle crude mostly from the Bakken formation, centred on North Dakota and stretching into parts of Saskatchewan, rather than heavy crude, like that from the oilsands.

"The Vancouver Energy terminal will be a modern, purposebuilt facility with strict safety and environmental protections in its design and operating procedures. We actively work with our partners to make sure the entire supply chain is operating safely," Minx said.

The Washington State Energy Facility Site Evaluation council is expected to release a draft environmental impact statement for public review in November —four months later than previously expected.

Brett VandenHeuvel, executive director of Columbia Riverkeeper, said he's hopeful crude trainloads can be stopped.

"If you asked me a year ago, I might have had a different answer but there's been unprecedented opposition to it," he said. "It's not just conservation groups. It's pretty diverse and broad scale concerns about these projects." THE CANADIAN PRESS



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UNITED STATES

Market plunges to four-year low

Growing concerns about a slowdown in China shook markets around the world on Friday, driving the U.S. stock market to its biggest drop in nearly four years.

The rout started in Asia and quickly spread to Europe, battering major markets in Germany and France. In the U.S., the selling started early and never let up. Investors ditched beatendown oil companies, as well as Netflix, Apple and other technology darlings. Oil plunged below \$40 for the first time since the financial crisis, and government bonds rallied as investors raced into hiding spots.

"Investors are wondering if growth isn't coming from the U.S. or China, where is it going to come from?" said Tim Courtney, chief investment officer of Exencial Wealth Advisors. "This is about growth."

By the time it was over, the Dow Jones industrial average fell 530.94 points to 16,459.75, and the Nasdaq slid 171.45 points to 4,706.04. Meanwhile, gold gained \$6.40 to settle at \$1,159.60 an OUNCE THE ASSOCIATED PRESS

MEDICAL MARIJUANA

Demand on the rise for bio pest control

When Sarah Stuive first got into the natural pest control business — which uses predatory insects, or "good bugs," to weed our pests — she never expected to be working with cannabis plants.

But thanks to Health Canada regulations that limit the use of chemical pesticides on medical marijuana to ensure their safety, the biological control specialist said she's seeing an uptick in business.

"I have seen a lot of growth in demand since the start of the cannabis industry," said Stuive, who works for Global Horticultural and also provides her services to vegetable farmers and plant growers.

Although certain chemical pesticides are permitted on medical cannabis — Health Canada

currently has a list of seven approved for use — producers prefer to avoid chemicals, which can leave residue on the plants.

"Specifically in this industry, it's very important not to apply chemicals topically, because when you burn the plant for the medicinal compounds, any residual product that's left on the leaves as a resin, you'll also be burning that and inhaling it," said Emily Moeller, the grow and production manager at Bedrocan Cannabis Corp.

Biological pest control can be costlier than using chemicals, said Moeller, but in the long run producers could end up saving money: "You won't have to throw entire crops out because they're contaminated," she said.



Sarah Stuive checks for bugs at Bedrocan's facility in Toronto.

DARREN CALABRESE/THE CANADIAN PRESS

Is murder human nature? Archeologists say 7,000 years ago, Stone-Age humans in Europe massacred 26 people, smashing their shins and dumping them in a mas

POLL: Is it fair to expose affairs?

A massive hack on the dating website Ashley Madison, which caters to married people, released milions of members' phone numbers, email addresses and credit card numbers last week — some fake, but many genuine as well. Some see this as cosmic justice, while others worry about breach of privacy, particularly for people cheating with the green light from their partners, and those who joined the site just for a laugh. We asked our readers what would happen if their online lives were exposed for all to see.

How much trouble would you be in if all your online activities (your surfing history, what you buy, what you watch, everything) were made public?

12% I would risk my relationship with my spouse, friends, family or employer



52% ľd have some explaining to do, but I'd live

How do you feel about the release of Ashley Madison users' personal data?



How careful are you with your private information online?



67% I'm fairly careful and change my passwords often 13% I'm extremely careful; I'd encrypt everything if I could 13% I'm lazy & hope for the best 7% I never think about it

Answer our poll 36% every Friday at I'd be fine Delaying a decision could sink the ferry

HALIFAX MATTERS Stephen

It's hard not to feel a twinge of sympathy for the conundrum Stephen McNeil's Liberals face as they scramble to figure out what to do next with the listing ship that is the Yarmouth-Portland ferry

But it's also hard not to believe the government's decision last week to put off deciding who will run the service next year may have pulled the plug on hopes that the ferry service can succeed next season or, perhaps, ever.

The government, it's fair to say, is not happy with Nova Star, its current ferry operator. It's also fair to note the Liberals did not pick Nova Star. The then-

NDP government - which had cut off subsidies for the previous operator in 2010 (thus cutting the service) — reached a broadstrokes deal with Nova Star on its way out of the electoral door in 2013.

But McNeil's Liberal government not only negotiated the actual terms under which Nova Star runs the ferry, it also forked over \$21 million to the company to keep it sailing in 2014, and has pledged another \$13 million for this year.

But ticket sales have been disappointing. The Nova Star is on track to carry just 60,000 passengers this season; that's 25 per cent below the numbers the company had been projecting.

To make matters worse, the government says it isn't satisfied with the financial information the company has been supply-

The government, it's fair to say, is not happy with Nova Star. its current ferry operator. It's also fair to note the Liberals did not pick Nova Star.

ing in exchange for its government funding.

So the government has been not-so-quietly speeddating other companies to consider as potential replacements for Nova Star next year.

Transportation Minister Geoff MacLellan had been hoping to announce his next-year decision last week but backed off. "I've decided to take more time to make sure we get this right for Nova Scotians for the long term.'

Which, at one level, makes sense. We've made more than enough missteps on the ferry file.

Ĝiven relations between the government and Nova Star, it's doubtful that company will get a third chance. But the longer the government delays naming a new operator, the harder it will be for the new company to develop and implement a marketing plan that can attract significantly more passengers at lower costs next season.

And without that, there can be no ferry service.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an awardwinning writer, editor and broadcaster. Halifax Matters runs every Monday.

metroview

Without consistent policing, hate crimes go unpunished



Querengesser Metro | Edmonton

The rock was the size of an apple. I heard it fly past my ear as I meditated.

When it landed with a crack, a woman near me in the park screamed. A girl, no older than 3, playing about 10 feet from where the rock came to rest, just stared, confused.

I looked behind me, from where the rock had come, and there, across the street, holding another rock in his right hand, was a guy suggesting he was going to throw again.

I called the police. Now, let me back up.

Five minutes previously, I had never met this guy. I was sitting on a park bench when he approached.

"You know, you f-gs can't take over this park," he said.

"I don't know what you're talking about," I said, startled.

He walked away, muttering things about "f-gs." But, believing he was gone, I resumed meditating.
Then, the rock.

When the police arrived, they fruitlessly looked for the guy, who had disappeared into the city's back alleys.

I wrote a report. But when the cop — professional, courteous, helpful — and I discussed it, the conversation became awkward.

"I hate to ask you this, but, are you gay?"

Most of me wanted to rage at the question.

"Well, if you were, I'd be investigating the guy for a hate crime.

I nearly lost it, but said nothing.

A man had targeted me, believing I was gay. Had the big, heavy rock connected, my brain would have been damaged.

Because I'm not gay, however, to the cop this man wasn't a potential hate criminal but just an annoying hooligan.

The definition of a hate crime varies across the world and also across Canada. A report from the Department of Justice notes each of our police departments works with different concepts of what a hate crime is and is not. Most victims of violent hate crimes. it notes, are ethnic minorities.

Concerning, that. More concerning, though, is how the cop's suggestion that I needed to be gay for there to be a crime made me self-censor.

The justice report notes most victims of hate crimes are "not comfortable approaching

I felt no discomfort with approaching the police - unfortunately, that's the privilege that comes with being white, male and straight. And yet, I had bitten my tongue, not having the energy to explain why his logic was flawed.

Another hate crime went unpunished. One can only imagine how victimizing that police indifference or ignorance would have been for someone who was targeted for who they really are.

Rosemary Westwood will return next week.



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Play safe: Volleyball is the sport with the fewest injuries, researchers say



CHILDREN'S HEALTH

Specialist creates guide to symptoms and recovery

At the tender age of 17, Warren McNeil considers himself a concussion veteran. He's sustained six brain injuries playing hockey and lacrosse, one of which knocked him out cold.

For five of those concussions, the Toronto teen was able to return to school and sports after a week or two of resting in a dark room to avoid overtaxing his healing brain.

But the last one in October — the result of being been hit from behind while playing hockey and falling head-first into the boards — was different.

Though the blow hadn't knocked him unconscious (unlike the previous one in which he got nailed in the head by a lacrosse ball while playing goal) this one seemed to "really hit me hard."

A week after the concussion, McNeil started to feel better and figured his recovery would mimic his previous five.

"And I went on a bike ride with a friend on the Saturday, and Sunday morning I woke up and I felt like I'd been hit by a bus," he said.

"And you don't know what to do, because I'd never had that happen before," said McNeil, who for weeks continued to experience myriad symptoms that kept him out of school and away from his usual activities: starred and blurred vision, nausea, headaches, dizziness, anxiety and depression and "horrible" concentration.

so many difficulties and, more importantly, what he could do to help himself recover.

The educational tools that concussion specialists provided for McNeil are now available in a free handbook that can be downloaded at hollandbloorview.ca/concussionhandbook.

"It makes concussion education accessible and digestible for kids and families," said Nick Reed, an occupational therapist and researcher at Holland-Bloorview who specializes in concussion.

The handbook not only helps parents identify when their child may have suffered a concussion and what that injury does to the brain, but it also sets out strategies for speeding up recovery and avoiding setbacks.

"I relate it to a gas-tank analogy," Reed said Wednesday during the launch of Concussion and You: A Handbook for Parents and Kids.

"Everything we do in our life uses fuel, and our brain is that gas tank. When you have concussion, a lot of that fuel is going to healing that injury, so we don't have a lot in the tank.

"If we do too much and we're not smart about the activities we engage in," he said, "that fuel's going to run out very quickly," leading to a prolonged recovery period that for some can go on for many months.

The handbook provides tips on conserving energy, how to get good-quality sleep and proper nutrition, and relaxation exercises to protect the brain and to promote healing.

Logs for recording daily activities and their effects on symptoms are meant to help children with a concussion make and achieve reasonable goals that will help them return to school and their regular physical pursuits.

"We know that the pediatric brain does not respond the same way as the adult brain, and their lives are very, very different," said Reed.

"Also, we want to make sure that everyone involved in a young person's life — whether it be a coach, a teacher, a parent, a friend or a medical professional — are all on the same page.

"And we're hoping this concussion handbook can really help lead the way there."

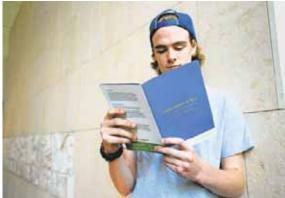
McNeil, who has given up contact sports because of an increased risk of suffering an even more serious concussion, said he's almost fully recovered. But 10 months later, he still has times when he feels a bit "wonky."

"I think having this book in particular — that day when I wanted to go on a bike ride, knowing how far to push myself or having more information about it when I woke up that Sunday morning — would have

been so comforting," he said. "I really do think it's going to

help a lot of people. The more you know about it, the better you can deal with it."

THE CANADIAN PRESS



NATHAN DENETTE/THE CANADIAN PRESS

It wasn't until he and his parents attended a concussion information session at Holland-Bloorview Kids Rehabilitation Hospital that the high school student learned why he was having



I think having this book in particular when I woke up that Sunday morning would have been so comforting.

Warren McNeil, concussion veteran at age 17

ON SAME PAGE

Book helps parents to take an active role, director says

Jennifer Smith, president of the 1,400-member Toronto Leaside Girls' Hockey Association and a director with the Canadian Women's Hockey League, said the handbook will be an invaluable educational tool for players, parents and coaches

As a parent of a daughter who sustained two concussions playing hockey, Smith said it's critical that parents and coaches can recognize the signs of concussion and know how children with the injury should be cared for.

"It's terrifying when your child is injured or sick and you don't know what to do," she said. "Just having a little bit of knowledge is such a comfort to parents, (knowing) that they can take an active and proactive role in their child's recovery."

Online luring no joke: Experts

INTERNET

Prankster says he wants parents and teens to talk

A YouTube prankster has become an unlikely spokesperson for teen online safety.

Coby Persin, whose You-Tube channel is known for prank videos with a touch of social commentary, tricked teenage girls he met online to meet him in person.

"What we found is something shocking and something everyone should see," Persin says in the video, which has been viewed more than 33 million times.

Persin said he posted an ad on Craigslist looking for parents willing to participate in his social experiment. With parental permission, he chatted with six different girls, but only three agreed to meet with him in real life. According to digital literacy organization Media Smarts, online predators are a rare but real threat.

But the organization cautions against scaremongering, and emphasizes that predators who "trick" kids are far





YouTube star Coby Persin wanted to show parents how easy it is to lure their daughters by pretending to be someone else online. SCREENGRAB

less common than more flagrant pedophiles.

"Research shows they rarely lie about their age or their motives. Their tactic is not one of deception but of seduction: they will shower a youth with attention, sympathy, affection and kindness, in order to persuade him or her that they love and understand them," the organization cautions on their website.

A spokesperson for the RCMP would not comment

directly on the video, but said Internet-related child exploitation is a big concern and parents should be aware of their children's online activity

"Parents should talk with their children and be involved in every aspect of a child's use of the Internet," said Harold Pfleiderer, a spokesperson for the RCMP, in a written statement.

In about 55 per cent of child-luring cases, the accused

6%

About six per cent of all cybercrime reported to the police involved Internet child luring, or just about 86 cases, according to 2012 Statistics Canada data.

was a stranger, according to StatsCan data.

Posing as a teen, Persin chatted with teenage girls he friended online, before suggesting they meet in person. In the video, three girls between the ages of 12 to 14 agreed to meet with him in person, only to be surprised by their furious parents.

In one instance, a girl invites Persin over when her parents are out — but is greeted instead by her enraged

ather.

"What's the matter with you?!" he demands.

Persin, whose other videos include him posing as a homeless man, says he was inspired by news accounts of teens being lured by predators.

He hopes his videos teach parents to talk to kids about Internet safety. "Don't talk to strangers online," he said.

"Everyone's on social media but there's a lot of dangers." TORSTAR NEWS SERVICE

SCHOO

Suck at math? Research says parents' attitude may be to blame

Raquel Laneri Metro in New York

Anyone can be good at math — as long as parents don't get in the way.

According to new research published in Psychology Science, it turns out that "mathanxious" adults could be preventing their kid from being the next Pythagoras.

Ugh, Mom and Dad really do ruin everything.

The study, conducted by a team at the University of Chicago, observed 438 first- and second-graders and their parents, assessing them on both their math ability and their math anxiety at the beginning and end of the school year.

While the parents did show to have an effect on their kids' performance, math aptitude doesn't appear to be genetic.

Math-anxious parents only negatively affected their kids' achievements when they helped them regularly with homework.

"We often don't think

2x501 -(6÷2)= 3.3 +X=9.9 = 3475.77 6524.22 = ???????

 $\label{thm:mathaptitude} \textbf{Math aptitude doesn't appear to be genetic. But if parents believe that numbers are beyond them, their kids will pick up on this, a new study says.}$

about how important parents' own attitudes are in determining their children's academic achievement," researcher Sian Beilock said in a release.

"But our work suggests that if a parent is walking around saying, 'Oh, I don't like math' or 'This stuff makes me nervous,' kids pick up on this messaging and it affects their success."

But what if a kid really does need help outside the classroom?

"We can't just tell parents, especially those who are anxious about math, 'Get involved,'" lead study author Erin A. Maloney said in a statement.

"We need to develop better tools to teach parents how to most effectively help their children with math."

The study authors say that math books, computer and board games or Internet apps could help "allow parents to interact with their children around math in positive ways."

pare 'Oh, l

Our work suggests that if a parent is walking around saying, 'Oh, I don't like math' or 'This stuff makes me nervous,' kids pick up on this messaging and it affects their success

Sian Beilock, researcher



16 Monday, August 24, 2015 Work & Education | Metr@LIFE

Take this Jobs and deal like a boss

COMMUNICATION

How to handle a demanding leader's work expectations



Visionary but reactionary. Inspiring but narcissistic. Not that much fun. In the just-released documentary Steve Jobs: The Man in the Machine, director Alex Gibney appears to reinforce darker characterizations of Apple's headstrong founder: the big-time CEO with an ego bigger than a 1980s desktop computer.

Jobs bulldozer leadership style is often credited as an integral factor to his company's exceptional success. But while his purported intensity (and eccentricity) helped make him revered, it didn't make him easy to work for.

Jobs' difficult-but-brilliant reputation speaks to a common professional tension: the difference between leadership and management. Leaders, the thinking goes, energize their staff, guiding their employees and companies to extraordinary places. Managers, mean-



Apple founder Steve Jobs was known for his mercurial leadership style as much as for his company's achievements. CONTRIBUTED

while, fixate on the humdrum minutiae of office life.

But while change-the-world leadership might be motivating, it can also be frustrating. How do you navigate a boss so focused on the big picture they don't ascertain the complications and pressures in your day-to-day?

To bring blue-sky bosses down to earth, practise tactful but upfront communication. Just got slammed with When your superior has no interest in managing, manage up.

an unfeasible project? Don't simply complain that there's not enough time. Instead, outline the items currently in your to-do pile, and articulate how new ventures might affect your current responsibilities. Rather than expecting your boss to understand what you're doing, take it upon yourself to keep them informed.

When your superior has no interest in managing, manage up. This doesn't mean telling your boss what to do. It means identifying gaps in their knowledge and providing them with the intel necessary to lead effectively. It's possible to respect your boss's leadership while struggling to get a footing amid their flimsy management. In that case, building a supportive, informative relationship will provide you with leverage when their ideas or demands get unrealistic.

Steve Jobs may not have been the most reasonable personnel manager, but he didn't ignore details. He had a hand in every aspect of how Apple's products were conceived, built and sold, and was known to obsess over seemingly insignificant points. According to one former colleague, he spent 30 minutes trying to choose a shade of grey for the Apple stores' bathroom signs.

So while Apple's growth is often attributed to his largerthan-life leadership, smallerscale concerns still played a key role. Leadership and management may not be the same thing — but they're also not mutually exclusive. Big achievements need a balance of both.

TIME MANAGEMENT

Doing less to be more productive in the office

Who isn't busy? Between constantly responding to emails, attending multiple meetings a day, and taking care of familial and social obligations, it's a wonder we get anything done.

And often we don't! Or, well, we get a ton of small, inconsequential stuff out of the way, but when it comes to the projects and goals that really matter, we hardly make a dent.

"Focusing on time management and productivity is actually making our problems worse," says business psychologist Tony Crabbe, author of Busy: How to Thrive in a World of Too Much.

"But all that that does is make people busier, less effective and, quite frankly, less happy."

Crabbe points to a study that found we consume six times more information than we did in 1986 — but that we produce an astonishing 200 times more. "So you think, 'Wait a minute. I'm producing 200 times more, and everyone else is consuming six times more.' That's just a ton of white noise nobody is

paying attention to," he says.

His solution? Stop doing so much! But, how can we cut back on our workload without, well, getting fired? Crabbe gives us some guidance.

Surf your workload

Many of us organize every aspect of our day so we can squeeze in as much work as possible.

"People think, if they can get in control of their time, things will be OK, but that's unhelpful," says Crabbe. Instead, think of a surfer.

"The surfer doesn't try to control the sea — or catch every wave," he says. "Surfers succeed by choosing the right waves, taking risks and completely immersing themselves in the moment. They master the wave."

So instead of trying to get everything done, pick the most important things and give those your all. Even if that means sacrificing a few of the smaller tasks, the risk will yield greater rewards.



You can get more done by staying focused. ISTOCK

Tear up your to-do list

To-do lists? Totally useless. In fact, these scraps of paper only aid us in completing mostly meaningless tasks.

"A to-do list has 20 to 30 things that are not important enough to remember otherwise, which is why we have to put them on a to-do list," scoffs Crabbe. "You don't put the stuff that's going to change your life. You could argue that the very act of doing to-do lists drives your attention away from the stuff that's really important."

Ignore your email

Email is a great communication tool; it's also incredibly distracting. Let's face it: Not every email needs a response — even fewer need a response ASAP. And if we are constantly fielding messages and requests, then we'll never come up that brilliant project, article or strategy.

"Deliberately play with not getting your inbox to zero," Crabbe suggests. "Compete with your colleagues about how many unopened emails you have." And leave your phone at home if you find the email alerts distracting.

As for those meeting invites that pop up? Ignore those, too. "How many times do we go to a meeting out of fear? If the meeting doesn't pertain to you, decline. What's the worst that can happen?"

Always have a 'because'

It takes cojones to skip a meeting or ignore an email from a client because you are busy creating. But if you offer concrete reasons for why you have shirked or put off certain activities, people might just respect you.

"I had a client get upset that I wasn't responding to his emails right away," says Crabbe. "So I called him up and said, 'Look, I only look at emails once or twice a day to allow me to focus and create. Otherwise, I can't get anything done.' And you know, he went from being slightly irritated to inspired."

RAQUEL LANERI/METRO IN NEW YORK

🛑 IN BRIEF

No benefit of the doubt for Netflix from protests over selective mat leaves Netflix is getting jeered for excluding the employees in its DVD-by-mail service from a recently introduced benefit that gives up to a year of paid leave to most of its workers after the birth or adoption of a baby.

At least three online petitions posted by activist groups are urging Netflix to extend the baby benefit beyond the roughly 2,000 workers in the Internet-video service that generates most of its revenue.

Netflix has about 450 temporary, part- and fulltime employees in its steadily shrinking but still profitable DVD division.

The protesting groups contend Netflix is unfairly favouring the mostly highpaid employees in its Internet video service over its lower-paid DVD workers.

Netflix says its DVD employees get bigger paychecks and better benefits than people in comparable jobs. THE ASSOCIATED PRESS

IN BRIEF

Herd fall to Eagles; fogged out in Truro

The Halifax Mooseheads have had a foggy start to their pre-season - both literally and figuratively.

Despite goals from veteran forwards Connor Moynihan and Andrew Shewfelt, the Herd dropped a 4-2 decision to the Cape Breton Screaming Eagles in exhibition action Sunday at the Emera Centre Northside in North Sydney.

The loss followed what was supposed to be another pre-season game Saturday night against the Charlottetown Islanders, but it was called off 11:51 after puck drop due to "major fog issues" inside the Rath Eastlink Community Centre in Truro.

The Mooseheads also lost to the Screaming Eagles in their first exhibition game, 5-4 in a shootout Aug. 15 at the Halifax Forum, and then fell to the Moncton Wildcats on the road, 5-1 on Aug. 16.

The Herd's pre-season schedule continues Saturday night, again against the Screaming Eagles, this time at Centre 200 in Sydney.

Maple Leafs bringing training camp to Halifax

Local Leafs fans, get out your best blue and white.

The Toronto Maple Leafs will be making their way to the Halifax area for three days this fall to help kick off their training camp, marking the first time they've held a portion of their camp schedule outside of Ontario since travelling to St. John's in 2001.

They announced late last week that the NHL team will conduct on-ice sessions, Sept. 18-20 at the BMO Centre in Bedford.

Practices in Bedford will start at about 9:30 a.m. and end at about 2 p.m. all three days. Tickets will go on sale each morning at the main entrance of the arena for \$5 per person, according to a Leafs news

All proceeds will go toward KidSport Nova Scotia, a longtime charitable partner of the Maple Leaf Sports and Entertainment Foundation and the Toronto Maple Leafs. METRO

Halifax's de Jonge takes world championship gold

Local paddler tops podium in Milan, Italy

Canadian Mark de Jonge won gold in the K1 200-metre event at the ICF canoe sprint world championships on Sunday in Milan to defend his 2014 title.

De Jonge, an Olympic bronze medallist from Halifax, finished in 34.802 seconds.

Maxime Baumont of France placed second in 34.993 while Sweden's Petter Menning was third in 35.002.

"It feels pretty good because it is so close between the top three of us here the entire season, so lining up next to them was a little daunting," de Jonge



Mark de Jonge GETTY IMAGES FILE the race.

"The plan was to kill it the first 50 (metres) because I know

pretty cool for

I'm pretty good after that."

De Jonge made a statement in his semifinal on Saturday, posting the fastest overall time to take top spot.

He holds the world's fastest time for the event at 33.961 seconds.

Sunday's result also qualifies Canada a quota spot in the K1 200 event for the Rio 2016 Olympic Games. De Jonge will

still have to qualify for the Canadian team next year.

Eight-time World Champion Laurence Vincent-Lapointe of Trois-Rivieres, Que., finished just off the podium in fourth place in the women's C1 200.

In the men's C2 1,000, Ben Russell of Dartmouth and Gabriel Beauchesne-Sevigny of Trois-Rivieres finished ninth in the final. THE CANADIAN PRESS



TRACK AND FIELD DE GRASSE TIES FOR BRONZE MEDAL AT WORLD CHAMPIONSHIPS Canadian sprint sensation Andre De Grasse, left, tied for the bronze medal in the 100 metres at the world championships in Beijing on Sunday. Jamaica's Usain Bolt finished first in 9.79 while American Justin Gatlin placed Second in 9.80. De Grasse's personal best time of 9.911 was shared by American Trayvon Bromell. Lintao Zhang/Getty Images for IAAF

Woods' season over with Love III's win

Davis Love III's long victory drought is over. Tiger Woods will have to wait a while for another chance.

Love won the Wyndham Championship on Sunday to become the third-oldest winner in PGA Tour history, while Woods' season came to an abrupt end.

The 51-year-old Love closed with a 6-under 64 for a onestroke win over Jason Gore.

Woods needed a victory to earn a spot in the FedEx Cup



Davis Love III

He started just two strokes off the lead Sunday but he only had one birdie during his first

10 holes, drop-GETTY IMAGES ping way off the pace with a triple bogey on the par-4 11th. Woods shot a 70, finished four strokes back

and ended at No. 178 in the

THE ASSOCIATED PRESS

standings.

IN BRIEF

Saulnier, Turnbull both drafted to Calgary Inferno

Call it the Bluenose con-

Forwards Jillian Saulnier, 23, and Blayre Turnbull, 22, were both drafted to the Calgary Inferno during the CWHL draft on Sunday.

Saulnier, from Halifax, went fourth in the third round while Turnbull, from Stellarton, was selected fourth in the fourth round.

Calgary also picked fourtime Olympic gold medallist Hayley Wickenheiser for its 2015-16 roster. METRO

Wiggins, Canucks off to strong start

Andrew Wiggins scored 18 points as Canada's men's national basketball team opened the 2015 Tuto Marchand Continental Cup with an 85-80 victory over Argentina in Puerto Rico.

Wiggins went 6-for-13 from the field with a pair of threes in his senior team debut while Anthony Bennett added 10 points and 13 rebounds.

"I thought it was a good, hardfought game," said Wiggins. "It was physical, both teams played well. We've got a new group



Canada will face Brazil on Monday. The Tuto Marchand Continental Cup is a warm-up event for the FIBA Americas Championship beginning Aug. 31.

of guys so we're still coming together. You can see that we're getting more fluid with what we do." THE CANADIAN PRESS

18 Monday, August 24, 2015 metr#sports



Ehrhoff signed by L.A. Kings

Veteran defenceman Christian Ehrhoff has agreed to a one-year contract with the LA Kings. The club confirmed the signing Sunday without disclosing financial terms.

Ehrhoff scored 14 points in 49 games for Pittsburgh last season before missing the final 33 games and the postseason due to injury. The German, 33, has also played for San Jose, Vancouver and Buffalo. He has 327 points in 741 career games. THE ASSOCIATED PRESS

Suarez cleans up after Messi as Benitez's Madrid draw

Lionel Messi missed a penalty kick but Luis Suarez scored in the second half to give Barcelona a 1-0 victory over Athletic Bilbao in its Spanish league opener on Sunday.

That gave the defending champion a small gap on archrival Real Madrid right away, as Rafa Benitez started his stint in charge with a 0-0 draw at promoted side Sporting Gijon.

Perfect Pedro debut props up Chelsea

Pedro Rodriguez was signed by Chelsea to inject some life into the English champions after their lacklustre start to the season.

He took 30 minutes to do just that. The Spain forward scored one goal and set up another in his first half-hour of Premier League football, setting Chelsea on its way to a 3-2 win over West Bromwich Albion and a first victory of its title defence.

How many top players come to England and don't perform immediately," Chelsea manager Jose Mourinho said of Pedro, who joined for \$33 million from Barcelona. "It's very nice for him to perform the way he did."

Crisis averted for Chelsea, which had opened with one point



Pedro nets for Chelsea GETTY IMAGES

record-equalling ninth victory in a row - by beating Everton 2-0 thanks to second-half goals by Aleksandar Kolarov and Samir Nasri. With eight goals scored and none conceded, it is an ominous start by a team looking for a

from two games,

but there's still a

way to go to catch

first-place Man-

City earned

its third straight

win this season

and a club

chester City.

third title in five seasons. Watford drew 0-0 with Southampton in Sunday's other game. THE ASSOCIATED PRESS

Angels annihilated as Jays soar back to top

Toronto takes lead in record style as Indians edge Yankees

Edwin Encarnacion went 4 for 4 with a homer and four RBIs, and the Toronto Blue Jays completed a thunderous three-game sweep of the Los Angeles Angels on Sunday with a 12-5 victory that vaulted them back into first place in the AL East.

The Jays' 16th victory in 19 games, coupled with the Yankees' 4-3 loss to Cleveland, put Toronto atop the division for the first time since Aug. 13.

The Blue Jays, who lead the majors by far with 670 runs, set a franchise record for a three-game series with 36. They totalled 48 hits against a vanquished Angels pitching staff that has surrendered 44 runs, 60 hits and 15 walks over their last four games following Jered Weaver's 1-0 victory over the White Sox on Wednesday. R.A. Dickey (8-10) won his fifth straight decision over seven starts, despite allowing five runs and 11 hits in six innings. The knuckleballing right-hander overcame a 39-pitch first inning in which he gave up all five runs.



Blue Jays' Jose Bautista slides home on a single by Edwin Encarnacion. STEPHEN DUNN/GETTY IMAGES

SUNDAY In Anaheim





In Friday night's series opener, Angels lefty Hector Santiago made 48 pitches in the first inning and gave up three runs en route to a 9-2 loss.

Dickey's catcher was Josh Thole, who was recalled Sunday from Triple-A Buffalo to catch his

knuckleball. Garrett Richards (12-10) was charged with nine runs and 10 hits in five-plus innings.

Toronto closed to 5-3 in the second inning when a hard grounder to third base by Troy Tulowitzki with one out and the bases loaded got past rookie Kaleb Cowart for an error that allowed two runs to score.

Richards minimized the damage by getting major league RBI leader Josh Donaldson to ground into a double play on the next pitch, but the Blue Jays grabbed a 6-5 lead in the third.

Encarnacion hit an RBI single that extended his career-best hitting streak to 19 games, Ben Revere had a run-scoring infield hit, and Kevin Pillar scored the goahead run when shortstop Erick Aybar misplayed Ryan Goins' grounder in the middle for the Angels' fifth error of the series.

Toronto increased its lead to 8-5 in the fourth with back-toback homers by Jose Bautista (his 29th) and Encarnacion (his 24th). The Blue Jays have homered in 14 straight road games. THE ASSOCIATED PRESS

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68

RECIPE Heirloom Tomato. Nectarine and Feta Salad



Rose Reisman

Heirloom tomatoes come in a variety of colours and shapes that have been passed down through the generations. Serves 6.

Ready in

Prep time: 10 minutes

Ingredients

- 2 ripe nectarines
- 2 yellow or green heirloom tomatoes
- 2 red field tomatoes
- 1/3 cup crumbled light feta cheese
- 1/2 cup pomegranate seeds (optional) Dressing:
- 2 Tbsp olive oil
- 2 tsp finely grated lemon zest
- 2 Tbsp lemon juice

2 tsp honey

3 Tbsp chopped basil

Directions

- 1. Slice nectarines into 1/2-inch wedges.
- 2. Slice all tomatoes into 1/2-inch horizontal pieces.
- 3. Add nectarines and tomatoes to serving platter. Add feta and pomegranate seeds, if using.
- 4. Combine ingredients for dressing, pour over top and garnish with basil.

Nutrition per serving

- Calories 100
- Protein 3 g
- · Carbohydrates 10 g
- Fibre 2 g
- Total fat 6 g
- · Saturated fat 1.5 g
- · Cholesterol 0 mg • Sodium 105 mg PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

25

65

38

18

32

33

39

66 67

70

1. Island where Nunavut's capital Iqaluit is located 7. Stephen King's dogwith-rabies book 11. DreamWorks _ (Movie studio) 14. Check ing e-mail

15. Receptive 16. Nautical rope

17. Dessert offering 18. Elevation

20. Shindig 21. Ms. Carter of "Designing Women" 23. Betting like-

lihoods 24. Itar-__ (Russian news agency) 26. Scuffle

28. Violin virtuoso Mr. Stern 31. Weekend day,

for short 33. Do well in life: 2 wds.

37 Hysteria 39. Like overly liquefied sauce 40. Scream 41. It's not a nectar-

ine, it's a what? 43. Dry 44. Goes under

the beach game's stick 46 Canadian specialty channel that airs "Continuum"

48. Space distances, for short: 2 wds. 49. Pro bono TV spot [acronym] 50. Lynn _ (Judge on "Divorce Court")

51. Between har-

bours 53. Berth 55. Pad __ (Noodle dish) 58. Sugar cubes in the coffee 60. Kiln kind 64. Trachea

66. Dog breed

68. 'Meth' suffix

69. "Up and __ '__!" (Wake up time greeting) 70. Suggest 71. Queen __. _. (To-ronto thoroughfare)

72. Mackerel variety 73. Orange juicer

DOWN

1. Exploding device 2. Crosswords

buffalo 3. Winter bugs 4. Intertwined hairstyle often worn to one side: 2 wds

5. Li'l lenaths 6. Wants

8. Raise spirits 9. Baseball great Derek 10. 'Pepper' suffix

7. Cajole (Pizza topping) 11. Type of earring 12. Frances Shand

(Princess Diana's mother) 13. Gollies 19. Compact car manufactured in Cambridge, Ont.: 2 wds. 22. Magazine installment 25 Horiz 27. Classic range cooker company 28. Pastoral poem 29. Go to that movie: 2 wds. 30. Soap opera, " Children' 32. Collect 34. Savage 35. Originate 36. Actress Winona 38. Web ID addresses 39. UN public wellness agcv. 42. Victor 45. Old spy gr. 47. Intl. commerce group 49. The Prince and the _ (Mark Twain story) 52. Upper crust 54. Felix's roommate 55. Poetic contraction 56. Clue 57. Freshly 59. Office note 61. Grad 62. Show alle-

giance 63. Golfer when

65. B.C.'s ocean

67. Corrida call

readving for

play, say

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Something you have always accepted as true is about to be revealed as, at best, a hoax and, at worst, a lie. You may never trust so-called "experts" again.

Taurus April 21 - May 21 You are dwelling on what is going wrong in the world instead of on what is going right, so it's no wonder you are unhappy. Worry less, smile more and take life as it comes.

I Gemini May 22 - June 21 You may be having second thoughts about the direction your life is taking but now is not the time to make major changes. Stay on the path you have chosen. Things don't make sense, but they will eventually

Cancer June 22 - July 23 The changes that occurred last week will inevitably have a knock-on effect. leading to changes in other areas. With luck planet Jupiter moving in your favour they should overwhelmingly be changes for the better.

Leo July 24 - Aug. 23 You seem to be on the defensive but there is no need. The overall cosmic picture is exceedingly good and will get even better. It'll get better guicker if you stop worrying so much.

Virgo Aug. 24 - Sept. 23 You are at odds with what those around you appear to believe but you must not change your opinions just to please them. You see something that everyone else has missed. **Libra** Sept. 24 - Oct. 23 You may be in a panic and try to get everything done in a mad rush. Not only is that unnecessary but it could be counter-productive as well. Focus on one goal at a time.

Scorpio Oct. 24 - Nov. 22 Never doubt that you are heading in the right direction or that you will succeed. There may be times when you find it hard to keep your doubts at bay but you must. You have sacrificed too much to give up now.

Sagittarius Nov. 23 - Dec. 21 Some people may criticize you for refusing to change your ways but they will realize that you were right. It is your fixity of purpose that will bring you success

Capricorn Dec. 22 - Jan. 20 There are certain people you would be wise to avoid. You know who they are and you know what is likely to happen if your paths should cross, so plan your route carefully!

Aquarius Jan. 21 - Feb. 19 You may be under pressure to get one task finished so you can start on another but don't rush. If you make a mistake you will have to go back to the beginning and start over

Fisces Feb. 20 - March 20 Your head may be full of great ideas but make sure they are practical. If not you could be heading for disaster around the time of Saturday's full moon. Plan carefully and don't let your enthusiasm carry you away

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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